

Kollila dheetto mecumateess poradha taanawatenne kollilaat



Qundha 1 - Qedhdhatta

OCTOBER 2022

Mackenzie Matthews

Sulamayt tekniket kollilaat

Komitet Rescue Huss lah Qaraashat

Katie Maeve Murphy

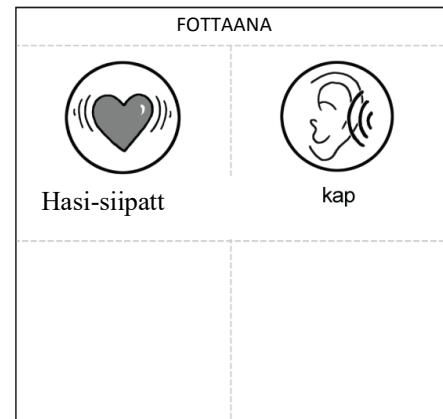
Sulampayt Teknikaaleet Ankas Kaannussa Hek Dheetto Mejumat

Komitet Rescue Huss Lah Qaraashat



ERKAMA Mahh Taanawat

QUNDHA	Qedhdhatta
QARPAJISA	Mahhayit kidh, kata dhakassadhu, kata lakkiy
HELPA	taqiqa 5
KAANUSSA HALAAT	Medhdha haka 5-10
POR	Medhdha shimir tall laajisaass por kayiyu
OLLIQAPA	Medhdha shimir kaan shokku tall laajashshiy.
MEHATADHA	Pannoolet
KILIPPAT FIITIYOTAT	N/A



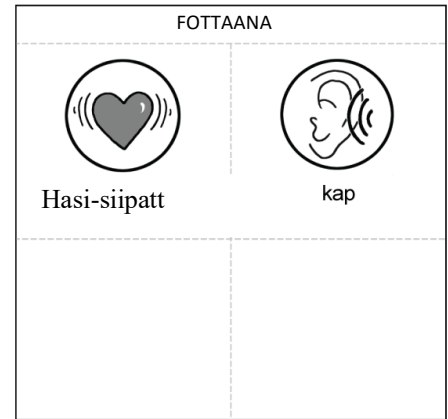
- INQAAPATTA**
- Erkamayin afa orqedhdhattaap por dhikkisaass hes, medhdhaass por shoraatenne orr ollikiyu hala ellashshinn. Erkamayin qaap dhikk lushaaaytess dhikkiy ishshaak.. Erkamayin iyya hummao ollo erkama orqedhdhatta hepil olle qapam kidh hedhdhikk.
- SENOUSA**
- Kollamppayya mahhadhdhu ufnaatta dhiyane, akkum iyya turaashsh mahhadhdhu olli uflinaytinninan kodh. Mahhadhaadhdhu olle ishshaaka maalla, mehadhdhaadhdhu thaaf ollo uwatadhdhu qar madhdhaakiy.

DHAMMANTADHA

- Medhdha shimir laajashshiy.
- Akkum atta mahhayt kiintoss ikkolliy., ulleeshsh hala se ila nam shokkoss pannoolet katt.
- Meetinett mahhaayy lelin ollo medhdha oottan sett dhahenn ‘yee’ [mahh] kiinan. Ulleeshsh meetin meet se shimir se talla kiyoss pannoolet kattin.
- Medhdhaan dhahhen haka mahhadhdhu dhah hembhinaness settep erkadhu.

ERKAMA Halittadha olli sooromatta

QUNDHA	Orqedhdhatta
QARPAJISA	Por ull kollilaatess halittadha soorom ollo iinn erkadhu
HELPA	Taqiqa 20-25
KAANNUSSA HALAAT	Haka medhdha 20
POR	Medhdha shimir tall laoisaass por se kayiyu.
OLLIQAPA	Medhdha shimir se kaan shokku tall laoashshiy.
MEHADHDHA	Haartet hukila qahisamishshonne maarkeret shoke poortetanne chookket. and marker OR board and chalk/marker; Se mehatt dhaatta marraiyu ECCE
KILLIPPET FIITIYOTAT	N/A

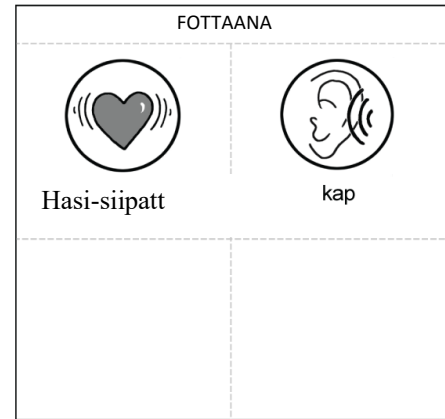


INQAAPATTA	<ul style="list-style-type: none"> • Erkamayn taanaw dhikkanne se orkann orkanna kiyu dhikkisaass hes. Iyyaanno medhdha hala se ila olli kiyanne has hekaaw kidhaat kaanisaass erkawusam kidh hedhdhikk., amm medhdha nahisaaassem. • Helpa medhdha halitadha sooromaass hesaym dhaanniyane, helekess halittadhaanett kann qatta iyya fadhossinn. Halittadhaanett kinnatadha nayiq att akka fadha dhiinnishshu lushatta kapa, akkanaa att akka fadhishshu kinnatadha dhikk qap lushatt kidh hedhdhikk.
SENOSSISA	<ul style="list-style-type: none"> • Kolkolla sesseount se dhikkatenne halittadha leladha erkattaann ishshaamaytisaass soota foottinan. Dhakinshaytenn sesseount dhikkatess mootetet kodhdha turqatta foottint, ollo medhdha ankasadha insharadhaass paahnaytisa qaroorinan akkinninanness kaassadhu.

DHAMMANTADHA

- Medhdha hoosuntann akkum olli hesa lushamiyaness illel., Se helisam kodhdhaass, taanaw ilanne por kollila ila et helpa kinnaadhane allimiliy.
- Medhdha hokati iyyaan orqara kolliyanne kata kodhdha foottinanness akkum ufnaanintoss illel.
- Medhdha olle halittadha erkadhu (Dhammanttaass mehatt turqqattiyu ECCE op qara tooyian tooy.) ,Halitt shokku shokko uumiti kann, halittadhaan maanaap iyya kiyann medhdha akkum taanaw erkanninan kaassadhu.
- Medhdha halittadha erkama akkisaass ootadha lek iyya dhayy. ulleeshsh hana kettass por akkaanniyu haay.

ERKAMA	Miilisa
QUNDHA	qedhdhatta
QARPAJISA	Mehadhdha aayilop iyya anniyan ufnaattaanne ashshann iyya por miilinniyan
HELPA	Taqiqa 10-15
KAANNUSSA HALAAT	Medhdha haka 10
POR	Taanaw muumetayenne por kollilaat.
OLLIQAPA	Man se tall anta
MEHATTADHA	N/A
KILLIPPET FIITIYOTAT	N/A



INQAAPATTA

- Erkamayn taanaw se dhikk, andhot qaponne por kollilaat sooroma hir. Medhdha helpa helisa idhdhayane, has foch'aatene por se ila kinnaattaadhdhu iyya dhakaysamaannin..

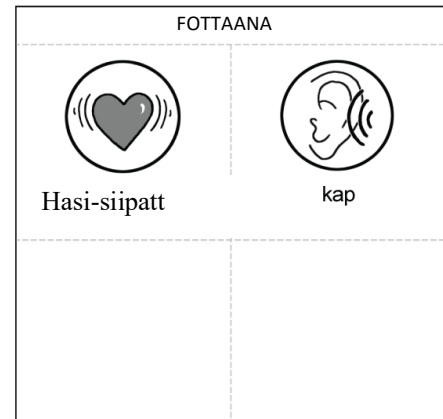
SENISA

- Medhdha tittinna; mehadhdha sekasa haayyaass hesaym fadha foottinan. Kattoodhdhu akkum hesinan kokkiy. Hin paahnat amm miilisaasseham katumanne hoosuntanno male.
- Poradha taanawadhaatene kollila, poradha pil qareell se op hokat miilinniyan kidha. Medhdha por se ila helpa lekess oottadhdhu taanawa dhiinniyane, por se ch'awaayy taqaypaasames, erkamayn dhikkisa foottint.

DHAMMANTADHA

- Taanawaadhdhu kann se iyya helpamitt miilinniyan iyyan fadhosinniy kodhdhaadhdhu illel maana maalla katoodhdhoss andhot dhaann ollo ayonno hala se qalle akkum miilinninoss koy.
- Taanaw se turqatt kann qatt kidhiyu taanaw. (se erkama akkinniyu tooy.) medhdha olle. afa miilisaap dhakint akkisaann (akkan erreel qeedhdhaan, tharabheesa ushuqaann, skk).
- Medhdha 1-2 kiy por se ilass akkan dhikkisa miilisa akkisaass hembh.
- Medhdha erkama erkadhan kann lashshmitt lak se dhikkisa miilisot iyyaass iyyaan dhikk kodhdhaadhdhu illel shoke mehatt hepili erkattaadhdhu!

ERKAMA	Erkawusatta
QUNDHA	Qedhdhatta
QARPAJISA	Maanatanne qaripaajisa erkawusattaat ufnaanninan.
HELPA	Taqiqa 20-25
KAANUSSA HALAAT	Medhdha haka 15
POR	Medhdha shimir tall laashisaanne uttall mimmitaataass por kayiyu.
OLLIQAPA	Shimir kaan shokku tallass medhdha laashiy
MEHADHDHA	Pannoolet shoke mehadhdha pil por se kapaash tarpa foottiy
KILLIPPET FIITIYOTA	N/A
INQAAPATTA	N/A



SENISA • Halotin alkaano, shimiradha lakk heka Tinnichcha Hoollinniyot helpa orrop kiyate akkaanniyu qafnaatta foottint.

DHAMMANTADHA

- Hala se ila aynonno kodhdho kollaass, akkum andhot kinnanninanessenne masmasunt qafnaanninaness, mehadhdhaadhdhonno iyya qara erkawusatta fadhosiinniyoss medhdha lel.
- Erkawusatta kidhoti aynossenno kodhdho mehadhdha iinn erkattaass dhaatta akkum kodhdhess illel. Hin erkama qara nakasa footta shoke helpa orrop kiy qalless mehadhdha olli erkawusatta kidha.
- Taanaw Tinnichcha Hoollinniyu kidhiyu medhdha olle taanaw (oottan qartooyaat tooy). Medhdha chimir se tallass pannoolet olli tarpia peqaadhdhu hin lamm olli erkisa kodhdhaadhdhu mashsh ooriy.